

Bib	Pos	Cat Pos	Time	First Name	Last Name	Course	Category	Club
137	1	1	02:22	Greg	King	Short	M	N/A
135	2	1	02:59	Kate	Brown	Short	F50	Pensby Runners
174	3	2	02:59	Julie	Dala	Short	F50	Pensby Runners
130	4	1	03:01	Ellie	Wood	Short	F40	Pensby Runners
157	5	1	03:02	Jon	Mulhall	Short	M40	Kirkby Milers AC
123	6	1	03:16	Lili	Minton Roberts	Short	F	N/A
179	7	2	03:26	Mickey	Jones	Short	M	N/A
129	8	2	04:07	Sophie	Johnson	Short	F40	Denbigh Harriers
152	9	1	04:07	Menai	Baugh	Short	F60	Denbigh Harriers
143	10	1	04:11	Alun	Williams	Short	M50	Holt and Farndon Runners
144	11	3	04:11	Hayley	Whitehead	Short	F40	N/A
139	RTD		CP1	Dylan	Watson	Short	M40	N/A
110	RTD		CP7	Heather	P-J	Short	F50	RunFree Fell Runners