

Rank	Cat Rank	Bib	First Name	Surname	Time	Cat	Local?	Club
1	1	135	Oliver	Chadwick	00:33:46	M		
2	1	7	Luke	Beresford	00:33:57	M40		Matlock AC
3	2	17	Alex	Haggard Kearney	00:34:12	M		Warriors Pentathlon and Athletics Club
4	3	22	David	White	00:35:12	M		Buckley
5	4	190	Chris	Pownell	00:36:12	M		Vegan Runners UK
6	1	32	Jacob	Welsh	00:36:21	M18		Deeside AAC
7	1	124	Jez	Brown	00:36:35	M50		Buckley Runners
8	2	16	Oberon	Kearney	00:37:10	M18		Warriors Pentathlon and Athletics Club
9	2	48	Lawrence	Eccles	00:37:42	M40		Penny Lane Striders
10	2	34	Ian	Houston	00:38:03	M50		Wreccsam Tri
11	3	193	Adam	Gordon	00:38:14	M40		Helsby
12	5	56	Chris	Jackson	00:38:22	M		Glossop Dale Harriers
13	6	177	James	Bayford	00:38:27	M		
14	7	39	Owen	Cordiner	00:38:41	M		
15	8	38	Ciaran	Allman	00:38:50	M		Deeside AAC
16	9	156	Daniel	Thwaites	00:38:50	M		Clwydian Range Runners
17	3	134	Simon	Roberts	00:39:16	M50		
18	10	118	Robby	Green	00:39:37	M		N/A
19	11	146	Luke	Hampshire	00:39:56	M		
20	12	129	Mike	Lynifs	00:40:14	M		
21	4	58	Paul	Skuse	00:40:18	M40		
22	13	103	Henry	Aron	00:40:25	M		N/A
23	14	117	Alec	Everitt	00:40:34	M		
24	5	188	Leo	Bailey	00:40:36	M40		
25	15	101	Ted	Bolton	00:40:41	M		
26	16	24	Andrew	Peers	00:40:51	M		Buckley
27	17	11	Konrad	Koniarczyk	00:41:04	M		Ambleside AC
28	6	95	Steve	Fernyhough	00:41:10	M40		West Cheshire AC
29	4	35	John	Simpson	00:41:16	M50		Pensby Runners
30	7	187	Peter	Gray	00:41:25	M40		
31	18	89	Jon	Davies	00:41:28	M		N/A
32	3	26	Oliver	Harrison	00:41:34	M18		
33	8	14	Allan	Mckeown	00:41:38	M40		Deestriders
34	9	96	David	Green	00:41:52	M40		
35	19	162	Sam	Lloyd	00:41:55	M		N/A
36	20	142	Rhys	Peters	00:42:05	M		Clwydian Range Runners
37	1	62	Steve	Toogood	00:42:12	M60		Buckley Runners
38	21	10	Will	Platts	00:42:18	M		Pensby Runners
39	22	195	Jack	McGrady	00:42:22	M		N/A
40	2	77	Tim	Raffle	00:42:37	M60		
41	10	171	Kevin	Smith	00:42:45	M40		Helsby Running Club
42	1	138	Lucy	Milling	00:42:55	F		southport waterloo
43	11	196	Sion	O'Neil	00:43:00	M40		N/A
44	12	28	Dave	Kimpton	00:43:20	M40		Pickled Riders
45	3	152	Edward	Davies	00:43:22	M60		
46	4	61	Paul	Shannon	00:43:25	M60		Tattenhall Runners
47	5	145	Peter	Hampshire	00:43:32	M50		
48	4	2	Isaac	Hobson	00:43:36	M18	1	
49	23	172	Steve	Shanahan	00:43:38	M		N/A
50	1	47	Lenka	Vidamour	00:43:40	F40		Penny Lane Striders
51	24	136	Danny	O'Reilly	00:43:46	M		Chester Tri
52	2	157	Kerry	Riley	00:44:02	F		N/A
53	13	186	Colin	Price	00:44:03	M40		Totley AC
54	5	20	Gary	English	00:44:15	M60		Kirby Milers AC
55	2	125	Hayley	Evans	00:44:20	F40	1	
56	25	132	Tom	Wright	00:44:30	M		
57	26	175	Robin	Jones	00:44:40	M		
58	14	169	David	Birrell	00:44:50	M40		
59	15	45	Luke	Curtis	00:45:00	M40		Penny Lane Striders
60	27	163	Joe	Marley	00:45:07	M		N/A
61	28	72	Bo	Hughes	00:45:43	M		
62	6	81	Tony	Sanghia	00:45:45	M50		

63	29	164	Mark	Pearson	00:45:47	M		N/A
64	3	40	Sioned	Cordiner	00:46:00	F		Wrexham Athletics
65	3	150	Clare	Page	00:46:02	F40		Chester Tri Club
66	7	100	Neil	Gooding	00:46:12	M50		Pensby Runners
67	8	52	Owen	Conry	00:46:20	M50		Denbigh Harriers
68	16	13	Geraint	Laidlaw-Wilson	00:46:22	M40		
69	30	42	Tobias	Olsson-Jones	00:46:39	M		
70	9	44	Stephen	Dipple	00:46:50	M50		Penny Lane Striders
71	4	57	Joanne	Yorke	00:47:03	F40		Warriors PAC
72	31	21	Philip	Knight	00:47:05	M		Wessex Road Runners
73	5	75	Sebastian	Burbridge	00:47:07	M18		
74	32	3	Luke	Griffiths	00:47:09	M	1	
75	33	88	Zachary	Poole	00:47:18	M		NA
76	17	36	Paul	Fitzsimmons	00:47:20	M40	1	Denbigh Harriers
77	5	104	Laura	Baynham-Hughes	00:47:29	F40		Helsby Running Club
78	6	158	Anna	Woolgar	00:47:29	F40		
79	7	151	Kirsty	Seddon	00:47:45	F40		Chester Tri Club
80	34	51	Tim	Dempsey	00:47:50	M		Wharfedale Harriers
81	4	5	Claire	Haslam	00:47:52	F		
82	18	122	Paul	Reilly	00:48:02	M40		Pensby
83	35	153	Michael	O`Toole	00:48:10	M		Deeside AAC
84	1	53	Anne-Marie	Jones	00:48:12	F70		
85	19	82	Andy	Wignall	00:48:14	M40		N/A
86	36	189	Gary	Parker	00:48:16	M		Pensby Runners
87	6	60	Huw	Lewis	00:48:18	M60		Buckley Runners
88	37	113	Trevor	Fisher	00:48:45	M		Pensby Runners
89	38	78	Henry	Williams	00:48:50	M		Besekers
90	39	131	Matthew	Thorn	00:48:52	M		
91	10	27	Neil	Burdett	00:48:58	M50		N/A
92	5	165	Christine	Cammillare	00:49:00	F		Deestridders
93	8	69	Lyndsey-Jane	Ashley	00:49:02	F40		N/A
94	20	70	Mark	Ashley	00:49:04	M40		N/A
95	21	23	William	Brooks	00:49:06	M40		Culture club
96	22	176	Mark	Davies	00:49:13	M40		
97	7	198	Geoff	Hand	00:49:32	M60		Spectrum Striders
98	6	178	Jenny	Burnard	00:49:34	F		
99	11	46	Terry	Lynch	00:49:51	M50		Penny Lane Striders
100	40	25	Dan	Morgan	00:50:04	M	1	N/A
101	41	31	Nathan	Cooper	00:50:06	M	1	
102	1	185	Wendy	Lee	00:50:08	F50		Pensby Runners
103	7	6	Rachel	Bowden	00:50:10	F		
104	8	50	Chris	Higgins	00:50:12	M60		Buckley Runners
105	9	106	David	Feakes	00:50:14	M60		Helsby
106	12	67	Simon	Bonfield	00:50:16	M50		Prestatyn Running Club
107	13	182	Richard	Wykes	00:50:18	M50		Outfit
108	23	161	Paul	Lewtey	00:50:20	M40		Deestridders
109	8	121	Alex	Royden	00:50:22	F		Pensby Runners
110	10	155	Mike	Salmon	00:50:24	M60		N/A
111	2	179	Claire	Riley	00:50:26	F50		N/A
112	3	149	Jan	Rogers	00:50:28	F50		Chester Tri
113	11	99	Mark	Samuels	00:50:33	M60		Pensby Runners
114	12	192	Paul	Aird	00:50:52	M60		Deestridders RC
115	14	54	Richard	Borne	00:51:00	M50		Mysteruns
116	9	183	Chelsea	Burnard	00:51:02	F		Alsager Runners
117	1	73	Beatrice	Hughes	00:51:16	F18		
118	4	66	Anne	Rosbottom	00:51:35	F50		Pensby Runners
119	42	140	Arthur	Ramshaw	00:52:05	M		Pensby Runners
120	43	133	Mickey	Jones	00:52:17	M		N/A
121	9	85	Helen	Ashworth	00:52:19	F40		
122	24	86	Stephen	Singles	00:52:40	M40		
123	10	115	Sarah	Jackson	00:52:50	F40		Penny Lane Striders
124	15	191	Wynn	Jones	00:52:51	M50		Llanbedr jks
125	16	128	Steve	Riley	00:52:52	M50		Helsby

126	25	68	Owen	Chamberlain	00:52:53	M40		
127	11	112	Janet	Ranyner	00:52:54	F40		
128	44	63	David	Woodford	00:52:55	M		N/A
129	12	83	Donna	Griffiths	00:52:56	F40		N/A
130	45	184	Alasdair	Sparrow	00:52:57	M		Alsager Runners
131	13	197	Kam	Dosanjh	00:52:58	F40		Penny Lane Striders
132	13	160	Reg	Jonas	00:52:59	M60		
133	10	114	Jess	McKinlay	00:53:00	F		Deestridders
134	14	80	Dave	Stephens	00:54:05	M60		N/A
135	26	137	John	McCaffrey	00:54:06	M40		Knowsley harriers
136	17	148	Jonathan t	Watson	00:54:07	M50		Mohicans
137	5	154	Janet	Robertson	00:54:08	F50		Helsby
138	6	59	Yvonne	Williams	00:54:09	F50		Clwydian Range Runners
139	14	126	Charlotte	Jaggard	00:54:40	F40		
140	1	170	Rachel	Arnold	00:54:41	F60		Helsby Running Club
141	15	29	Sophie	Johnson	00:54:42	F40		Prestatyn Running Club
142	18	76	Pauly	Jones	00:54:43	M50		Deeside Orienteering Club
143	7	9	Mel	Bray	00:55:52	F50		Glossopdale Harriers
144	46	1	James	Watson	00:56:08	M	1	
145	19	91	Steven	Brown	00:56:54	M50		Eryri
146	16	90	Caroline	Caffery	00:56:55	F40		Buckley
147	8	105	Lesley	Feakes	00:56:58	F50		Helsby
148	20	173	Jefferson	Gard	00:56:59	M50		Penny Lane Striders
149	47	139	Daniel	Bellis	00:57:00	M		N/A
150	27	98	Duarte	Rosa	00:57:01	M40		Pensby Runners
151	17	30	Mandy	Cartwright	00:57:15	F40		Prestatyn Running Club
152	15	127	Mark	Dakeyne	00:57:16	M60		
153	6	87	William	Reynolds	00:57:17	M18		N/A
154	9	159	Jenny	Ewels	00:57:40	F50		Clwydian Range Runners
155	16	166	Tony	Shenck	00:57:52	M60		
156	1	41	John	Morris	00:57:53	M70		Buckley
157	10	107	Vanessa	Griffiths	00:57:54	F50		Helsby RC
158	17	49	Peter	Hooper	00:57:55	M60		unattached
159	2	8	Paul	Wildermuth	00:57:56	M70	1	
160	28	94	Nick	Cason	00:57:57	M40		Bungay Black Dogs
161	2	71	Menai	Baugh	00:58:34	F60		Denbigh Harriers
162	21	19	Richard	Anthony	00:59:18	M50		
163	18	194	John	Jennings	00:59:19	M60		
164	3	65	Sue	Davies	01:00:12	F60		Pensby Runners
165	22	37	Eddie	Von Wyn	01:00:30	M50		Berserkers
166	48	33	Mike	Sealey	01:00:58	M		N/A
167	11	108	Imogen	Sykes	01:00:59	F		Helsby
168	4	109	Debbie	Read	01:01:00	F60		Helsby
169	12	74	Betty	Hughes	01:02:10	F		
170	19	18	Charles	Ashley	01:02:11	M60		
171	29	174	Peter	Smith	01:02:17	M40		Widnes Running Club
172	23	15	Rhodri	Roberts	01:02:26	M50		Running Nutters
173	18	55	Janine	Holmes	01:02:27	F40		
174	13	111	Alice	Young	01:02:28	F		N/A
175	24	110	Simon	Young	01:03:08	M50		Chester road runners
176	20	97	Tony	Green	01:03:18	M60		Penny lane stridders
177	5	141	Catherine	Lancaster	01:03:19	F60		Pensby Runners
178	14	12	Ruth	Bowden	01:03:38	F		
179	11	102	Sara	Jacobs	01:03:44	F50		Clwydian fell runners
180	15	168	Georgia	Key	01:03:45	F		N/A
181	19	120	Joanne	Cosh	01:03:46	F40		
182	12	130	Naomi	Graham	01:03:47	F50		N/A
183	30	84	Phil	Pook	01:07:58	M40		N/A
184	21	147	Alan	Spencer	01:07:59	M60		Knowsley harriers
185	6	116	Rachel	Rick	01:08:15	F60		Penny Lane Striders
186	7	79	Susan	Ridings	01:09:39	F60		Buckley Running Club
187	49	144	Luciano	Civicchioni	01:09:50	M		N/A
188	16	43	Claudia	Smith	01:10:08	F		Prestatyn Running Club

189	20	93	Helen	Alefounder	01:10:09	F40		Prestatyn Running Club
190	13	92	Anne	Claire	01:10:32	F50		
191	21	123	Rita	Mistry	01:11:05	F40		Pensby Runners
192	50	64	Edward	Roper	01:12:56	M		Newport & District RC
193	17	119	Gwennan	Williams	01:15:40	F		N/A
194	8	180	Debbie	Hughes	01:15:40	F60		
195	22	181	Jonathan	Hughes	01:17:17	M60		
196	18	167	Alannah	O'brien	01:30:00	F		N/A
197	2	4	Nora	Jones	02:00:00	F70	1	