



Stage 4  
MD Traverse

Moel Dywyll

Stage 3  
Nant Gain

Stage 5  
The Dark

Cairn

Stage 2  
TOTG

Moel Famau

Jubilee Tower

554

Stage 6  
The Gully

Stage 7  
Moel y Gaer

Moel y Gaer

Timed Stage

Transfer Leg

BS

Stage 1  
Full Gas

START

Bwch Penbarra

FINISH

Stage 10  
Plummet

Foel Fenlli  
Spr. Cairn

Stage 9  
Fenlli

amau Country Park

CLWYD FOREST

Cwm-llydan

Clwyd Forest

Fron-bellaf

Teiran

Coed Ceunant

Llanbedr

Rhiw-lâs

Halfway House

Clwydian Way

Ola's Dike Path

BRYNIAN

CLWYD FOREST

LLAN

15

15

16

17

60

61

62

63

64

64

64

www.memory-map.co.uk