

Lo	CatPos	Bib	Time	First Name	Last Name	Course	Category	Team Name
1	1	11	03:00:05	Joel	Gomes	Long	M40	Wrexham AAC
2	2	32	03:02:43	Lawrence	Eccles	Long	M40	Penny Lane Striders
3	1	83	03:19:20	Jackie	Lee	Long	F40	Eryri Harriers
4	1	80	03:19:26	Jez	Brown	Long	M50	Buckley
5	1	7	03:19:30	Dave	Clarke	Long	M	Run Free Fell Runners
6	1	75	03:19:49	Katie	Reynolds	Long	F	Eryri Harriers
7	2	34	03:28:51	Simon	Ellis	Long	M50	Chester Tri
8	3	3	03:28:58	Mike	Clayton	Long	M40	NONE
9	2	35	03:31:09	Alice	Walton	Long	F	None
10	2	8	03:45:11	Henry	Aron	Long	M	NONE
11	2	77	03:46:12	Nia	Albiston	Long	F40	Eryri Harriers
12	3	48	03:47:00	Al	Smithson	Long	M	Mersey Tri
14	3	46	03:48:58	Mark	Agnew	Long	M50	Mercia FR
14	4	18	03:49:23	Sam	Clough	Long	M	NONE
15	4	20	03:50:22	Jamie	Hughes	Long	M40	Run Free Fell Runners
16	5	36	03:52:08	Ed	Loffill	Long	M	CRR
17	1	25	03:53:49	Ruth	Metcalfe	Long	F50	Eryri Harriers
18	5	6	03:59:56	Simone	Capponi	Long	M40	Bowland Fell Runners
19	6	30	04:00:26	Robert	Sharam	Long	M40	NONE
20	7	79	04:00:57	Peter	Holmes	Long	M40	Whitchurch Whippets
21	8	13	04:08:58	Dale	Mountford	Long	M40	NONE
22	3	68	04:09:20	Katy	Baugh	Long	F	NONE
23	9	19	04:09:21	Rowan	Mountford	Long	M40	NONE
24	1	53	04:10:17	Mike	Snell	Long	M60	Eryri Harriers
25	2	27	04:13:42	Chris	Rowlands	Long	M60	NONE
26	2	28	04:13:43	Jenny	Heming	Long	F50	NONE
27	6	82	04:17:57	Nathan	Pictor	Long	M	Harry and nathan
28	7	65	04:17:58	Harry	Batty	Long	M	NONE
29	10	70	04:19:58	John	Rolton	Long	M40	CRR
30	4	69	04:19:59	Paul	Jackson	Long	M50	CRR
31	11	59	04:24:52	Karl	Vickers	Long	M40	Run Free Fell Runners
32	3	49	04:43:10	Ian	Roche	Long	M60	Mersey Tri
33	12	14	04:43:26	Sion	O'Neil	Long	M40	NONE
34	3	86	04:44:11	Mel	Morris	Long	F50	Denbigh Harriers
35	5	42	04:45:03	John	Peaker	Long	M50	NONE
36	6	60	04:45:18	Neil	Gooding	Long	M50	Pensby Runners
37	8	39	04:49:25	Dafydd	Evans	Long	M	Daf & Rach
38	4	40	04:49:25	Rachael	Evans	Long	F	Daf & Rach
39	3	62	05:03:00	Alice	Spooner	Long	F40	NONE
40	5	9	05:14:45	Johanna	Gasson	Long	F	NONE
41	7	10	05:14:46	Alun	Williams	Long	M50	NONE
		71	DNF	Eva	Davidson	Long	F	NONE
		72	DNF	Lee	Wakelam	Long	M40	NONE
		73	DNF	Karen	Niels	Long	F40	NONE
		74	DNF	Claire	Jones	Long	F	NONE