

Bib	First Name	Last Name	Team Name	Cat	Time	Rank	Cat Rank
35	Michael	Corrales	Dark Peak	MSnr	02:37:50	1	1
36	Gavin	Roberts	Eryri Harriers	MSnr	02:45:30	2	2
13	Stephen	Skates	Prestatyn RC	M40	02:46:13	3	1
40	Matthew	Fortes	Eryri Harriers	M40	02:48:33	4	2
11	Rob	Grantham	Pensby Runners	M40	02:49:04	5	3
77	Tristan	Evans	Meirionnydd running club	MSnr	02:53:56	6	3
71	Lawrence	Eccles	Penny Lane Striders	MSnr	02:54:24	7	4
15	Simon	Edwards	Buckley Runners	M40	02:55:31	8	4
8	Jez	Brown	Buckley Runners	M40	02:56:47	9	5
45	Ed	Gamble	Cheshire Hill Racers	M50	02:57:12	10	1
93	Ben	Abdelnoor	Ambleside AC	MSnr	02:57:13	11	5
5	Andrew	Jackson	Bowland Fell Runners	M40	02:58:59	12	6
96	Dylan	Griffiths	Rhedwyr Hebog	MSnr	03:05:01	13	6
34	Tim	Kieniewicz	Mercia	MSnr	03:07:52	14	7
123	Mark	Davies	NWRCC	M40	03:08:19	15	7
95	Ken	Sutor	Cheshire Hash House Harriers	M40	03:08:20	16	8
57	Hayley	Evans	Buckley Runners	WSnr	03:08:42	17	1
19	Joel	Gomes	Wrexham ACC	MSnr	03:09:43	18	8
122	Christopher	Barnes	Deeside Orienteering	M40	03:10:05	19	9
125	Adam	Firth	NONE	MSnr	03:12:17	20	9
98	Paul	Jeggo	Springfield Striders	M50	03:12:20	21	2
39	Mark	Burley	Macclesfield Harriers	MSnr	03:14:12	22	10
149	Nathanael	Booker	NONE	MSnr	03:14:55	23	11
42	Robert	Chambers	Tattenhall Runners	M40	03:15:06	24	10
128	Simon	Ellis	Chester Tri	M50	03:16:42	25	3
73	Arthur	Livesey	NONE	MSnr	03:16:55	26	12
38	Michael	Reynolds	Mercia	M50	03:17:42	27	4
81	Carlos	Bedson	Cheshire Hill Racers	M50	03:19:35	28	5
58	Rob	Arden	Tattenhall Runners	MSnr	03:19:57	29	13
72	Matthew	McLay	NONE	MSnr	03:20:08	30	14
129	Richard	Anthony	Aberystwyth AC	M40	03:20:23	31	11
141	Darren	Fishwick	Chorley	M40	03:20:34	32	12
144	Sarah	Ridgway	Mercia	W40	03:20:46	33	1
10	Simone	Capponi	Penny Lane Striders	M40	03:24:33	34	13
53	Jerome	McAllister	Tring RC	M40	03:25:03	35	14
130	Sian	Williams	NONE	W40	03:25:37	36	2
7	David	Farrow	Mercia Fell Runners	M50	03:30:15	37	6
21	Nicola	Richards	Mercia Fell Runners	W40	03:30:47	38	3
1	Tim	Gears	NONE	M40	03:33:15	39	15
24	Simon	Roberts	Buckley Runners	M40	03:33:20	40	16
134	Gruff	Jones	NONE	MSnr	03:33:42	41	15
84	Anthony	Powell	Maldwyn Harriers	M40	03:33:56	42	17
12	Mark	Liptrot	Lostock AC	M50	03:34:05	43	7
16	Jake	Lodge	Pudsey & Bramley	MSnr	03:34:14	44	16
61	Leon	Davies	NONE	M40	03:36:50	45	18
2	Paul	Hodges	Eryri Harriers	M50	03:37:51	46	8
133	Julian	Brown	Macclesfield Harriers	M50	03:38:02	47	9
59	Allison	Grundy	Tattenhall Runners	W40	03:39:30	48	4
99	William	Feline	Stubbington Green	MSnr	03:41:25	49	17

85	Andy	Pritchard	Buckley Runners	M40	03:42:05	50	19
18	Hefin	Rowlands	Maldwyn Harriers	MSnr	03:42:31	51	18
41	Lee	Caves	NONE	M40	03:47:09	52	20
46	Richard	Kennaugh	Altrincham & District AC	M50	03:47:25	53	10
70	Ian	Canaway	Saddleworth Runners	MSnr	03:48:10	54	19
88	Mark	Agnew	Mercia Fell Runners	M50	03:48:42	55	11
60	Ieuan	Belshaw	NONE	MSnr	03:49:16	56	20
49	Michael	Cooper	Baildon Runners	M50	03:49:40	57	12
142	Tony	Wood	Denbigh Harriers	MSnr	03:51:54	58	21
3	Jim	O'Hara	Helsby Running Club	MSnr	03:51:55	59	22
22	Bernie	Morris	Buckley Runners	M40	03:52:09	60	21
48	Stuart	Thomas	NONE	M40	03:52:09	61	22
100	Jonathan	Cole	Ellesmere Port R.C	M40	03:52:45	62	23
54	Mark	Domaille	NONE	M50	03:52:58	63	13
55	George	Domaille	Wakefield Harriers	MSnr	03:52:58	64	23
47	Sue	Howarth	Mercia	W50	03:54:27	65	1
132	Neil	Gooding	NONE	M40	04:10:12	66	24
139	Guy	Smallthwaite	NONE	M50	04:10:12	67	14
137	Jon	Underwood	Calder Valley Fellrunners	M40	04:13:30	68	25
140	Dave	Boothroyd	Buckley Runners	M50	04:14:15	69	15
6	David	York	Tattenhall Runners	M50	04:14:16	70	16
147	John	Rolton	None	MSnr	04:14:16	71	24
126	George	Hartley	NONE	MSnr	04:14:22	72	25
82	Michael	Wheeler	Wootton Road Runners	MSnr	04:20:04	73	26
14	Greg	Carns	St Helens Sutton AC	M50	04:20:05	74	17
17	Jim	Jones	Helsby RC	M50	04:27:30	75	18
9	Nigel	Crompton	Pensby Runners	M50	04:29:00	76	19
148	Bill	Beckett	Chorley	M50	04:29:15	77	20
43	Kate	Lightfoot	Tattenhall Runners	W40	04:29:40	78	5
29	Tim	Palmer	Helsby Running Club	M50	04:31:42	79	21
143	Jonathan	Mould	Bournville Harriers	MSnr	04:32:45	80	27
75	Chris	Munton	Forest of Dean AC	M40	04:33:01	81	26
50	Paul	Chrisp	Delaware Spartans	M50	04:34:01	82	22
127	Spike	Hird	NONE	MSnr	04:36:15	83	28
152	Steve	White	Holcombe Harriers	M50	04:36:45	85	24
87	Charlie	Eldred	Tattenhall Runner	M50	04:36:45	84	23
62	Debbie	Stenner	Forest of Dean AC	W40	04:40:51	86	6
63	Ceri	Stewart	NONE	WSnr	04:42:57	87	2
64	Robert	Eadon	NONE	MSnr	04:43:00	88	29
146	Owen	Williams	NONE	M50	04:52:47	89	25
79	Paul	Challender	Pensby Runners	M40	04:57:15	90	27
86	David	Green	NONE	MSnr	04:57:59	91	30
65	Michael	Symons	NONE	M40	04:59:08	92	28
150	Ellie	Salisbury	Eryri Harriers	W50	05:00:00	94	2
90	Matthew	Foulds	NONE	MSnr	05:00:00	93	31
131	Ralph	Pawling	Pensby Runners	MSnr	05:00:05	95	32
136	Patrick	Phelan	NONE	M50	05:04:00	96	26
135	Graham	McVey	NONE	M40	05:06:52	97	29
66	Barrie	Thomason	Macclesfield Harriers	M50	06:05:00	98	27
33	Helen	Brown	Mynydd Du	W40	DNF	99	U/C

52	Dave	Clark	Congleton Harriers	M40	DNF	100	U/C
78	Rebecca	Tate	NONE	W40	DNF	101	U/C
97	Dennis	Kentrop	Macclesfield Harriers AC	M50	DNF	102	U/C
4	Sharon	Basford	Tattenhall Runners	W40	DNF	103	U/C
26	Stuart	Dovey	Mercia Fell Runners	M50	DNF	104	U/C
94	Paul	White	NONE	M40	DNF	105	U/C
91	Aimery	de Malet Roquefort	NONE	M40	DNF	106	U/C
151	Adrian	Moir	MDC	M50	DNF	107	U/C